

Relax and take a break with preen tea!

You can drink delicious green tea with a meal or whenever you want to relax.

In fact, there's more to green tea than its flavor.

Green tea has plenty of components that are good for your body, too.

Catechins are just one example.

Cold brew green tea is especially recommended to boost your immune system or relieve stress.

It's the perfect drink for when you want to take a break.

These effects vary depending on how you brew or drink the tea.

Find your own favorite way to enjoy tea according to your lifestyle and mood.

≒ITADAKIMASU

About JAPANESE TEA

Here you'll find stores in the (Tokyo Area) where you can experience the charm of green tea by touching, smelling, brewing and tasting the tea.

Open up this map and experience tea for yourself during your sightseeing journey.

·Tea is full of components that are good for your body

Catechins

Antioxidant Suppresses the rise in blood sugar, etc. L-theanine
Promotes
relaxation

Fluoride
Prevents cavities

Vitamin C
Promotes
beautiful skin,

Vitamin E Antioxidant Prevents aging,

etc.



·How to identify delicious tea



The leaves are deep green, thin, and curled up



They look glossy and feel firm



They feel heavy in your hand



They smell good

POINT 5

Taste the tea and check its flavor, aroma, and color. To prevent the tea you buy from deteriorating in quality, it's important to store it in an airtight container and prevent it from contacting air as much as possible!















Free Wi-Fi

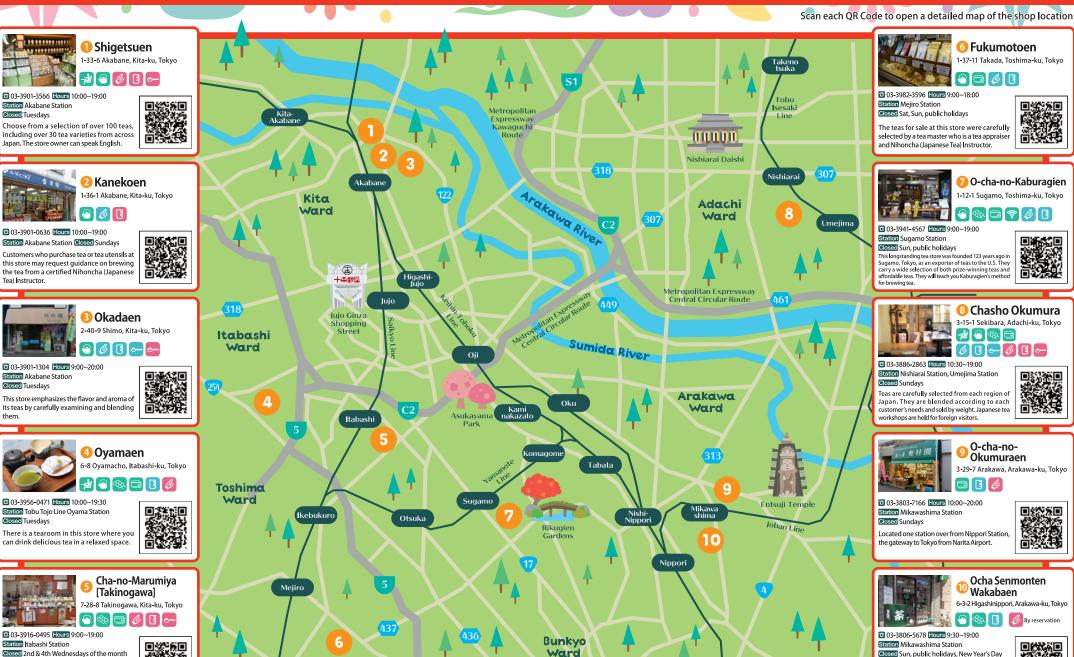
Parking lot

Guided tea



Facility











@ 03-3982-3596 Hours 9:00~18:00 Station Mejiro Station Closed Sat, Sun, public holidays

The teas for sale at this store were carefully selected by a tea master who is a tea appraiser and Nihoncha (Japanese Tea) Instructor.









Closed Sun, public holidays

This longstanding tea store was founded 123 years ago in Sugamo, Tokyo, as an exporter of teas to the U.S. They carry a wide selection of both prize-winning teas and





Chasho Okumura 3-15-1 Sekibara, Adachi-ku, Tokyo



@ 03-3886-2863 Hours 10:30~19:00

Station Nishiarai Station, Umejima Station Closed Sundays

Teas are carefully selected from each region of Japan. They are blended according to each customer's needs and sold by weight. Japanese tea workshops are held for foreign visitors.





O-cha-no-Okumuraen

3-29-7 Arakawa, Arakawa-ku, Tokyo



@ 03-3803-7166 Hours 10:00~20:00 Station Mikawashima Station Closed Sundays

Located one station over from Nippori Station, the gateway to Tokyo from Narita Airport





Ocha Senmonten Wakabaen

6-3-2 Higashinippori, Arakawa-ku, Tokyo





@ 03-3806-5678 Hours 9:30~19:00

Station Mikawashima Station Closed Sun, public holidays, New Year's Day

A tea store in the old shitamachi district of Tokyo that provides safe and delicious tea to support your health in body and mind. A Nihoncha (Japanese Tea) Instructor is available







Kanekichien

3-11-10 Yanaka, Taito-ku, Tokyo











ITADAKIMASU JAPANESE TEA



Taito

Ward

Free Wi-Fi

Parking lot

experi

Guided tea

Scan each QR Code to open a detailed map of the shop location







-14-1 Sekiguchi, Bunkyo-ku, Tokyo

Yamakichien Chaho

2-18-12 Nezu, Bunkyo-ku, Tokyo



@ 03-3269-7060 Hours 10:00~17:00 Station Edogawabashi Subway Station Closed Sat, Sun, publicholidays, year-end & New Year's holidays, Obon holidays

A tearoom operated by Gyokuroen, a famous producer of konbu (kelp) tea. Bonsai trees are displayed in front of the modern, Japanese-style













Metropolitan

Route 5 | kebukuro

Chuo Line

Ichigaya

Metropolitan Expressway

Route 4 Shinjuku Line

Yotsuya

Minato

Ward

302





Metropolitan Expressway Inner Circular Route

Tokvo

Imperial Palace

Line





Temple





Hatchobori

Chuo

Ward



Station Ueno Station Closed 3rd Tuesday of the month

@ 03-3821-4174 Hours 8:00~18:00

Sales of sencha green tea for business and

personal use, with a focus on Kawane-cha

Station Nezu Subway Station

from Shizuoka Prefecture.

Closed Irregular closures

This tea specialty store handles a wide variety of Japanese teas.













🗿 Shinise Oosawa

3-36-5 Yushima, Bunkyo-ku, Tokyo



@ 03-3831-8285 Hours 9:00~18:00

Station Yushima Subway Station

Closed Sun, public holidays

business for over 160 years.

This store offers high-quality teas for everyday consumption.







Station Ueno Station





Metropolitan oute 3 Shibuya







In Asakusa since 1949, this store has been selling holicha roasted in-store, green teas from Shizuoka and Kagoshima, and tea utensils





Etchujima



Metropolitan

Expressway

Route 9

Fukagawa Line

Keivo



3 Suzukien 3-4-3 Asakusa, Taito-ku, Tokyo

@ 03-3871-0311 Hours 11:00~17:00 Station Asakusa Subway Station Closed None

A wholesaler of fine Japanese teas that offers a wide selection of teas from famous tea producing areas across Japan. Their matcha gelato is also





Uogashi Meicha Chanomi Club 2-11-12 Tsukiji, Chuo-ku, Tokyo



@ 03-3542-2336 Hours 10:00~18:00 Station Tsukiji Subway Station Closed Sun, public holidays

Offering a wide selection of products, from everyday teas that taste that brew well in boiling water to tea utensils. You are sure to discover something new.





Closed No closures

Masudaen Sohonten 1-1-17 Asakusa, Taito-ku, Tokyo



A Japanese tea specialty store founded during the Edo period. Their store-roasted hojicha and store-made matcha soft serve ice cream are recommended. They also offer halal certified teas and organic teas





🔼 Tsukiji Kawachien

4-5-4 Tsukiji, Chuo-ku, Tokyo



@ 03-3541-6491 Hours 8:00~12:00 Station Tsukiji Subway Station Closed Sat, Sun, public holidays

Founded in 1949. Come and taste teas at the Tsukiji Outer Market.





🔟 Fukuizumichaten 3-17-5 Shinohashi, Koto-ku, Tokyo

@ 03-3631-2953 Hours 9:00~17:00

Station Morishita Station, Ryogoku Station Closed Sun, public holidays, irregular closures This store offers tea leaves and green tea for takeout from a customer's perspective, so that you

can drink better tasting tea than you do now





Uogashi Meicha Tsukiii Main Store 4-10-1 Tsukiji, Chuo-ku, Tokyo



@ 03-3541-3396 Hours 7:00~15:00 Station Tsukiji Subway Station Closed Sun, public holidays

Founded in 1931, this Japanese tea specialty



store for food professionals is recognized by famous restaurants in Tsukiii and Ginza.



Toyosu Market Store

Fisheries Intermediate Wholesale

Market Bldg. 4th floor #40, Block 6, 6-5-1 Toyosu, Koto-ku, Tokyo







303-3666-1680 Hours 8:30~18:00 Station Suitengumae Subway Station

Stop by this store if you visit the Suitengu or Ningyocho districts.





Station Yurikamome Line Shijo-mae Station Closed Sun, public holidays, irregular closures

Founded in 1931, this Japanese tea specialty store for food professionals is recognized by famous restaurants in Tsukiii and Ginza





Uogashi Meicha Cha Ginza [Ginza] 5-5-6 Ginza, Chuo-ku, Tokyo

@ 03-3571-1211 Hours 11:00~18:00 Station Morishita Station, Ryogoku Station Closed Sun, public holidays, irregular closures

"Making Ginza more delicious with Japanese tea." A tea store that seems like it could be found anywhere, but cannot be found anywhere else.



Tea artisan Shimizu Ippoen [Urban Dock LaLaport Toyosu] LaLaport Toyosu 1st floor 2-4-9 Toyosu, Koto-ku, Tokyo





@ 03-6910-1370 Hours 10:00~21:00 Station Toyosu Subway Station

Offering sweets made with stone-ground Uji matcha, as only a tea wholesaler is able















ITADAKIMASU JAPANESE TEA



Free Wi-Fi

Parking lot

Guided tea





Facility





loncho, Musashino-shi, Tokyo









A Nihoncha (Japanese Tea) Instructor will answer any questions you have about tea.





Station Nishi-Ogikubo Station



Offering store-roasted hojicha and original tea blends created by a tea master (8th dan) for sale by weight in 50 g intervals.





Ward







All of the standard teas at this store are original blends of teas directly procured from Kagoshima, Shizuoka, and Uji. The season-limited teas are single-origin teas.













4-3 Kagurazaka, Shinjuku-ku, Tokyo











Closed No closures This store carries teas chosen for their depth of flavor and richness, with a focus on tealeaves produced in Kakegawa, Shizuoka









Tokyo

@ 03-3717-4728 Hours 10:00~19:00

activities are held in their tearoom

Tea brewing classes and tea ceremony

Station Toritsu-Daigaku Station

Closed Sun, public holidays





ITADAKIMASU JAPANESE TEA

Yokoham



Free Wi-Fi



Parking lot

Guided tea









Yokohama

Tsurumi



Station Machida Station

Closed Wednesdays



Tea Demand Creation Council

Office: Japan Tea Commerce & Industry Cooperative Association

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